Community and Environmental Health Worksheet

Health Practices:
Recycling:
Give 4 reasons why recycling is important:

1. 
2. 
3. 
4. 

What is the name of the Wichita landfill? ________________

On average, how much solid waste do 450 customers bring to the landfill each day? ________________

How much methane gas does the landfill produce each day? ________________

Name three items that are considered household hazardous waste.

1. 
2. 
3. 

Smoking:
What are 4 ways I can help a friend that I think is using tobacco?

1. 
2. 
3. 
4. 

What do cigarettes damage in the body?

1. 
2. 
3. 
Define the following terms:

**tobacco:**

**nicotine:**

**addictive:**

How much money will you spend in a year if you smoke a pack of cigarettes a day? _______________________

What would **you** buy with the money you save if you don't smoke?

______________________________

**Anti-Smoking:**
Watch the Bill Cosby clip and answer the following questions.

Bill Cosby said:
A. Smoking is cool True False
B. Smoking causes cancer True False
C. Smoking causes bad breath True False
D. Smoking gives you asthma True False
**Food Safety:**
What are 4 steps to fight BAC (bacteria)?

1. 
2. 
3. 
4. 

**Health Careers:**
Follow the link on to the list of various health careers. List three occupations you think sound interesting.

1. 
2. 
3. 

**Health Products:**
What are some promises made by dishonest promoters to sell phony products?

1. 
2. 
3. 
4. 

What are cold medicines made of? ____________________________

What medicines kill unwanted germs in the body?
________________________

People on ________________ diets are trying to lose weight, and people on ________________ diets might have allergies to food.
Health Services & Facilities:

Immunizations:
You have been given many shots since the day you were born. Look up why you have to get these shots and summarize the reasons in one paragraph.

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Try the environmental health quiz posted by the Health Department. How did you do? Name three things you learned.
1.  __________________________________________________________
2.  __________________________________________________________
3.  __________________________________________________________

Community Resources:

What is the address of the Wichita Eagle?

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